



## 2022 Colorado Springs Multi-Stake Youth Dance Card

Virtue loveth virtue; light cleaveth unto light.  
*Doctrine & Covenants 88:40*

If there is anything virtuous, lovely, or of good report, or praiseworthy, we seek after these things. *13th Article of Faith*

Dancing can be fun and can provide an opportunity to meet new people. However, it can potentially be misused. Attend only those dances where dress, grooming, lighting, lyrics, music, and entertainment contribute to a wholesome atmosphere where the Spirit may be present. *For the Strength of Youth*

Please consider how you can contribute to and create this type of atmosphere.

All are welcome if they observe dress, conduct, and dance standards. Youth and guests must be turning at least 14 years of age during the calendar year.

It is your responsibility to inform guests of these standards and to encourage others in their compliance. Noncompliance with dress, conduct, and dance standards may result in counsel with an adult leader and may be grounds for youth to be sent home.

For dates, times and additional information regarding multi-stake youth dances please visit: [pikespeakidsyouth.org](http://pikespeakidsyouth.org)



### Contact Information

\_\_\_\_\_  
Your Name

\_\_\_\_\_  
Ward and Stake

\_\_\_\_\_  
Parent/Guardian Name





# Guidelines and Standards



## Appropriate Dress

### Dress-up Dances

Young Women: Dresses and skirts that are knee length or longer whether or not leggings are worn.

Young Men: Dress Pants and collared dress shirts with a tie.

### Casual Dress Dances

Young Women: Khakis, nice jeans, or capris that go below the knees OR modest dresses or skirts that are knee length or longer regardless of whether or not leggings are worn. Leggings may not be worn as pants.

Young Men: Nice pants, khakis, or nice jeans with collared sport shirts.

## Not Appropriate Dress

Any clothing that is tight, shear, or revealing in any other manner. Young women should avoid short skirts, shirts that do not cover the stomach, and clothing that does not cover the shoulders or is low-cut in the front or the back. Young men should avoid pants that are worn below the hips.

*For the Strength of Youth*

## Appropriate Conduct

Adhere to the standards of conduct as set forth in *For the Strength of Youth* and obey the Word of Wisdom and the Law of Chastity. Use proper language at all times. Be responsive to chaperones. Be considerate and kind to one another. All behavior should encourage orderliness, cleanliness, and dignity.

## Appropriate Dance Styles

When dancing, avoid full body contact with your partner. Do not use positions or moves that are suggestive of sexual or violent behavior or are otherwise inappropriate. Same-gender slow dancing is not allowed. Dance steps should be safe and appropriate. Dance styles and music should contribute to an atmosphere where the Spirit of the Lord may be present.

## Dance Card Agreement

I have read this card, understand, and will follow the standards to which members and guests are expected to conform.

\_\_\_\_\_  
Youth Signature

\_\_\_\_\_  
Bishopric Signature

